

# *Postfeast Epiphany*

## *Theodosios the Cenobiarach*

*January 11, 2026*

*Tone 6*

MATINS – HYBRID

### *The Trisagion Prayers*

PEOPLE: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Your name's sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

### *Troparion and Kontakion of the Cross and Theotokion*

LEADER: O Lord, save Your people, and bless Your inheritance, granting to Your people victory over all adversaries, and by Your Cross preserving Your habitation.

Glory to the Father and to the Son and to the Holy Spirit:

O Lord, Who of Your own good will were lifted up on the Cross, O Christ our God, bestow Your generous gifts on the new nation which is called by Your name; make glad in Your might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Your aid a weapon of peace and a trophy invincible.

Now and ever, and unto ages of ages. Amen.

O fearsome Champion, who cannot be put to confusion, despise not our petitions, O good and all-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us all to that victory which is from heaven, for you are she who gave birth to God and alone are blessed.

### *Twelve-Fold Lord Have Mercy*

LEADER: Lord, have mercy. (12x)

Through the prayer of our holy fathers, O Lord Jesus Christ, have mercy on us and save us. Amen.

Glory to God in the highest, and on earth peace, good will among men. (3x)

O Lord, open my lips, and my mouth shall declare Your praise. (2x)

### ***The Six Psalms***

#### ***Psalm 3***

Lord, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, “There is no help for him in God.” But You, O Lord, are a shield for me, my glory and the One Who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. I lay down and slept; I awoke, for the Lord sustained me. I will not be afraid of ten thousands of people who have set themselves against me all around. Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the Lord. Your blessing is upon Your people.

I lay down and slept; I awoke, for the Lord sustained me.

#### ***Psalm 38 (LXX 37)***

O Lord, do not rebuke me in Your wrath, nor chasten me in Your hot displeasure! For Your arrows pierce me deeply, and Your hand presses me down. There is no soundness in my flesh because of Your anger, nor any health in my bones because of my sin. For my iniquities have gone over my head; like a heavy burden they are too heavy for me. My wounds are foul and festering because of my foolishness. I am troubled, I am bowed down greatly; I go mourning all the day long. For my loins are full of inflammation, and there is no soundness in my flesh. I am feeble and severely broken; I groan because of the turmoil of my heart. Lord, all my desire is before You; and my sighing is not hidden from You. My heart pants, my strength fails me; as for the light of my eyes, it also has gone from me. My loved ones and my friends stand aloof from my plague, and my relatives stand afar off. Those also who seek my life lay snares for me; those who seek my hurt speak of destruction, and plan deception all the day long. But I, like a deaf man, do not hear; and I am like a mute who does not open his mouth. Thus I am like a man who does not hear, and in whose mouth is no response. For in You, O Lord, I hope; You will hear, O Lord my God. For I said, “Hear me, lest they rejoice over me, lest, when my foot slips, they exalt themselves against me.” For I am ready to fall, and my sorrow is continually before me. For I will declare my iniquity; I will be in anguish over my sin. But my enemies are vigorous, and they are strong; and those who hate me wrongfully have multiplied. Those also who render evil for good, they are my adversaries, because I follow what is good. Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

***Psalm 63 (LXX 62)***

O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. So I have looked for You in the sanctuary, to see Your power and Your glory. Because Your loving-kindness is better than life, my lips shall praise You. Thus I will bless You while I live; I will lift up my hands in Your name. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips. When I remember You on my bed, I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me. But those who seek my life, to destroy it, shall go into the lower parts of the earth. They shall fall by the sword; they shall be a portion for jackals. But the king shall rejoice in God; everyone who swears by Him shall glory; but the mouth of those who speak lies shall be stopped. I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice.

My soul follows close behind You; Your right hand upholds me.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

***Psalm 88 (LXX 87)***

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry. For my soul is full of troubles, and my life draws near to the grave. I am counted with those who go down to the pit; I am like a man who has no strength, adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand. You have laid me in the lowest pit, in darkness, in the depths. Your wrath lies heavy upon me, and You have afflicted me with all your waves. You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot get out; my eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You. Will You work wonders for the dead? Shall the dead arise and praise You? Shall Your loving-kindness be declared in the grave? Or Your faithfulness in the place of destruction? Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness? But to You I have cried out, O Lord, and in the morning my prayer comes before You. Lord, why do You cast off my soul? Why do You hide Your face from me? I have been afflicted and ready to die from my youth; I suffer Your terrors; I am distraught. Your fierce wrath has gone over me; Your terrors have cut me off. They came around me all day long like water; they

engulfed me altogether. Loved one and friend You have put far from me, and my acquaintances into darkness.

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry.

***Psalm 103 (LXX 102)***

Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with loving-kindness and tender mercies, Who satisfies your mouth with good things, so that your youth is renewed like the eagle's. The Lord executes righteousness and justice for all who are oppressed. He made known His ways to Moses, His acts to the children of Israel. The Lord is merciful and gracious, slow to anger, and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins, nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father pities his children, so the Lord pities those who fear Him. For He knows our frame; He remembers that we are but dust. As for man, his days are like grass; as a flower of the field, so he flourishes. For the wind passes over it, and it is gone, and its place remembers it no more. But the mercy of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to such as keep His covenant, and to those who remember His commandments to do them. The Lord has established His throne in heaven, and His kingdom rules over all. Bless the Lord, You His angels, who excel in strength, who do His word, heeding the voice of His word. Bless the Lord, all you His hosts, you ministers of His, who do His pleasure. Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

In all places of His dominion, bless the Lord, O my soul!

***Psalm 143 (LXX 142)***

Hear my prayer, O Lord, give ear to my supplications! In Your faithfulness answer me, and in Your righteousness. Do not enter into judgment with Your servant, for in Your sight no one living is righteous. For the enemy has persecuted my soul; He has crushed my life to the ground; He has made me dwell in darkness, like those who have long been dead. Therefore my spirit is overwhelmed within me; my heart within me is distressed. I remember the days of old; I meditate on all Your works; I muse on the work of Your hands. I spread out my hands to You; my soul longs for You like a thirsty land. Answer me speedily, O Lord; my spirit fails! Do not hide Your face from me, lest I be like those who go down into the pit. Cause me to hear Your loving-kindness in the morning, for in You do I trust; cause me to know the way in which I should walk, for I lift up my soul to you. Deliver me,

O Lord, from my enemies; in You I take shelter. Teach me to do Your will, for You are my God; Your Spirit is good. Lead me in the land of uprightness. Revive me, O Lord, for Your name's sake! For Your righteousness' sake bring my soul out of trouble. In Your mercy cut off my enemies, and destroy all those who afflict my soul; for I am Your servant.

O Lord, give ear to my supplications and do not enter into judgment with Your servant. (2x)

Your Spirit is good. Lead me in the land of uprightness.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our Hope, glory to You.

***“God is the Lord...” - Psalm 118 (LXX 117) Tone 8 (Byzantine)***

*Verse: O give thanks unto the Lord and call upon His holy name.*

*Verse: All nations surrounded me; but in the name of the Lord will I destroy them.*

*Verse: The stone which the builders refused has become the head cornerstone. This is the Lord's doing; it is marvelous in our eyes.*

***Epiphany Troparion: Tone 1 (Obikhod)***

When You were baptized in the Jordan, O Lord, the worship of the Trinity was made manifest, for the voice of the Father bore witness to You, calling You Beloved Son; and the Spirit in the form of a dove, confirmed the truthfulness of His Word. O Christ our God, Who have revealed Yourself and enlightened the world, glory to You.

***Second Kathisma Hymn***

*Tone 6*

*Our Life was laid in a tomb and a seal was set on the stone at the door. The soldiers kept guard before Christ as though keeping watch before a sleeping King. But, blinding His enemies with might, the Lord has risen from the tomb!*

*Glory to the Father and to the Son and to the Holy Spirit:*

*Lifting up your holy hands on high, O venerable Father Theodosios, you resembled a pillar of fire, resplendent in the radiance of your prayers. O blessed one, you were taken up to heaven on the wings of your spirit. By your communion in the ineffable mysteries, you became radiant, and you continually implore Christ our God to grant us great mercy.*

*Now and ever and unto ages of ages. Amen.*

*Today the Master has come to the waters to be baptized by the divine Forerunner. From on high, the Father has borne witness: "This is My beloved Son!" And the Spirit has rested upon Him in the wondrous form of a dove.*

***Resurrectional Eulogetaria - Tone 5 (Znamenny)***

Blessed are You, O Lord. Teach me Your statutes.

*The company of the angels was amazed, when they beheld You numbered among the dead; yet You, O Savior, were destroying the power of death and with Yourself raising up Adam and releasing all men from hell.*

Blessed are You, O Lord. Teach me Your statutes.

*Why, O women disciples, do you mingle sweet-smelling spices with your tears of pity? The radiant angel within the sepulcher cried to the myrrh-bearing women: "Behold the grave, and understand; for the Savior is risen from the tomb."*

Blessed are You, O Lord. Teach me Your statutes.

*Very early in the morning the myrrh-bearing women ran lamenting to Your tomb; but an angel came toward them, saying: "The time for lamentation is passed. Do not weep, but announce to the apostles the Resurrection."*

Blessed are You, O Lord. Teach me Your statutes.

*The myrrh-bearing women mourned as they carried ointments and drew near Your tomb, O Savior. But the angel spoke to them, saying: "Why do you number the living among the dead? Since He is God, He is risen from the grave."*

Glory to the Father and to the Son and to the Holy Spirit:

*We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one essence; crying with the seraphim: "Holy, holy, holy are You, O Lord."*

Now and ever, and unto ages of ages. Amen.

*Since you bore the Giver of life, O Virgin, you redeemed Adam from sin, and gave to Eve joy in place of sadness; and He Who was incarnate of you, Who is both God and man, has restored to life those who had fallen from it.*

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our hope, glory to You.

***Hypakoe***

Tone 6

*By Your voluntary and life-giving death, O Christ as God, You have shattered the gates of hell. You have opened Paradise to us once more, and by rising from the dead, You have freed our life from corruption.*

***Anavathmoi***

***Antiphon 1***

*I lift up my eyes to You, O Word of God, Who dwell in Heaven: save me in Your mercy that I may live in You!*

*Have mercy on us, O Savior, for we are more than filled with contempt. Fashion us anew as chosen vessels.*

*Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.*

*The Holy Spirit is the source of salvation. When He breathes upon anyone, that person is quickly elevated above the earth; He gives him wings to raise him to the heavens.*

***Matins Prokeimenon: Tone 6 - Psalm 80***

O God, stir up Your power and come to save us.

*Verse: O Shepherd of Israel, hear us; You Who lead Joseph's flock.*

***“Let every breath...”***

***Matins Gospel Reading: Eothinon 9 – John 20:19-31***

Then, the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, “Peace be with you.” When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. So Jesus said to them again, “Peace to you! As the Father has sent Me, I also send you.” And when He had said this, He breathed on them, and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.” Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, “We have seen the Lord.” So he said to them, “Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe.” And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, “Peace to you!” Then He said to Thomas, “Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing.” And Thomas answered and said to Him, “My Lord and my God!” Jesus said to him, “Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed.” And truly Jesus did many other signs in the presence of His disciples, which

are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

***“Having Beheld...”***

Having beheld the Resurrection of Christ let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection for You are our God, and we know no other than You. We call on Your name. Come all you faithful, let us venerate Christ’s holy Resurrection. For behold through the Cross, joy has come into all the world. Let us ever bless the Lord, praising His Resurrection; for by enduring the Cross for us He has destroyed death by death.

***Psalm 51 (LXX 50)***

Have mercy upon me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies, blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my transgressions, and my sin is always before me. Against You, You only, have I sinned, and done this evil in Your sight — that You may be found just when You speak, and blameless when You judge. Behold, I was brought forth in iniquity, and in sins my mother conceived me. Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Make me hear joy and gladness, that the bones You have broken may rejoice. Hide Your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Then I will teach transgressors Your ways, and sinners shall be converted to You. Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness. O Lord, open my lips, and my mouth shall show forth Your praise. For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering. The sacrifices of God are a broken spirit, a broken and a contrite heart — these, O God, You will not despise. Do good in Your good pleasure to Zion; build the walls of Jerusalem. Then You shall be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering; then they shall offer bulls on Your altar.

*Glory to the Father and to the Son and to the Holy Spirit:*

Through the intercession of the apostles, O merciful One, blot out the multitude of my offenses.

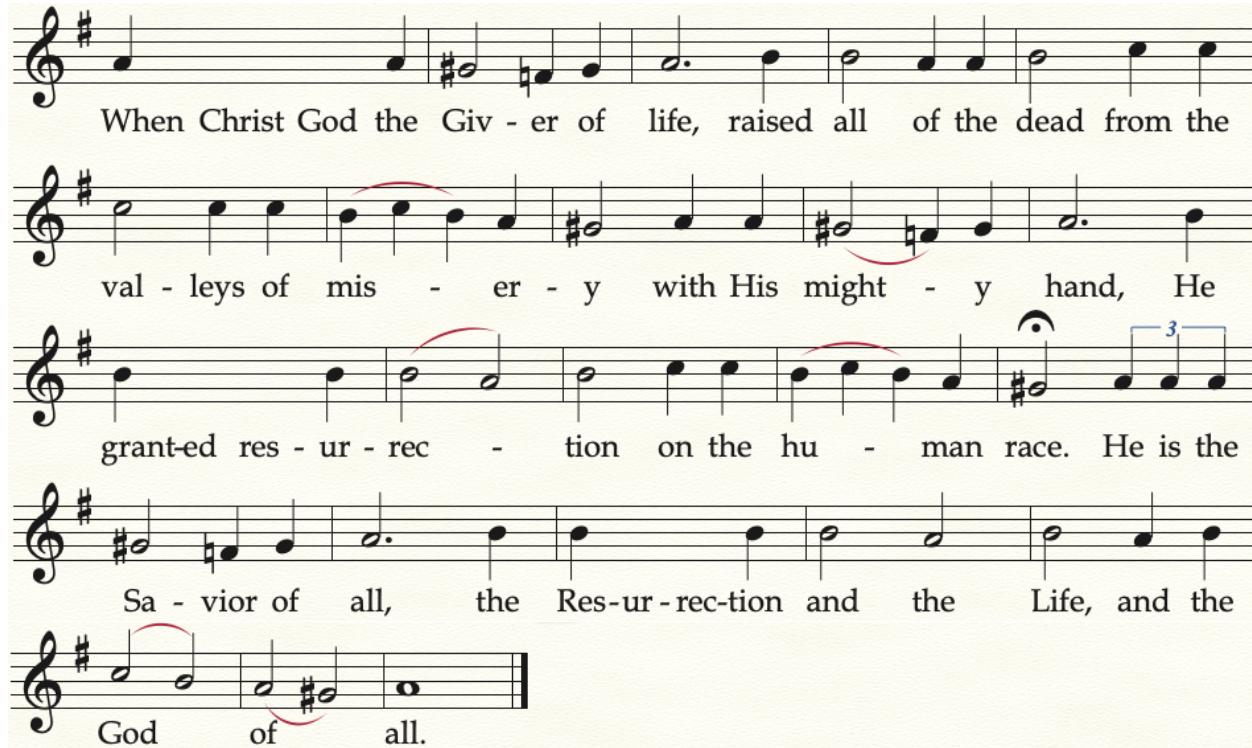
*Now and ever and unto ages of ages. Amen.*

Through the intercession of the Theotokos, O merciful One, blot out the multitude of my offenses.

Have mercy on me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies blot out my transgression.

Jesus, having risen from the grave as He foretold, has given us eternal life and great mercy.

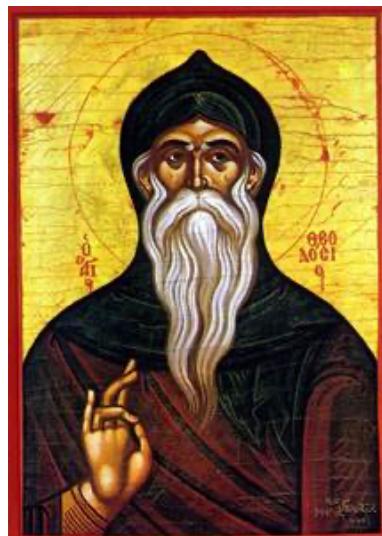
***Resurrection Kontakion: Tone 6 (Kievan-Byzantine)***



When Christ God the Giv - er of life, raised all of the dead from the  
val - leys of mis - er - y with His might - y hand, He  
grant-ed res - ur - rec - tion on the hu - man race. He is the  
Sa - vior of all, the Res-ur - rec-tion and the Life, and the  
God of all.

***Synaxarion of the Day***

On January 11, in the Holy Orthodox Church we continue to celebrate the Epiphany of our Lord Jesus Christ, and we commemorate our righteous Father Theodosius the Cenobiarach, the instructor of the wilderness.



***Verses***

*Theodosius was the leader of many monks' common life;  
And his departure from this life was many monks' common loss.*

*On the eleventh the Cenobiarach left this ruinous life.*

Theodosius the Great lived in Palestine and was the founder and organizer of the cenobitic style of monasticism, in which the monks would spend more time together in organized monastic groups in common prayer on a regular basis. As a young man he visited Simeon the Stylite, who

blessed him and predicted for him great spiritual glory. Once Theodosius founded his monastery, many monks of different nationalities and languages quickly gathered around him. He built churches for each language group, but on a day when they were to receive Communion, all the brethren gathered in the great church. Together with Saint Sabbas, he defended Palestine from the heresy of the Monophysites. God endowed Theodosius with the gifts of wonderworking, to heal the sick, to be present and help from a distance, to tame wild beasts, among other gifts. Theodosius entered peacefully into rest in the Lord in the year 529, at the age of 105.

On this day, we also commemorate the Venerable Theodosius of a monastery on Athos; Venerable Agapios of Syria; and Venerable Michael of Klops, fool-for-Christ.

By their intercessions, O Christ God, have mercy upon us. Amen.

***2<sup>nd</sup> Canon – Epiphany of our Lord – Tone 2 (1<sup>st</sup> Canon omitted)***

***Katavasia Odes 1-9***

**Ode 1:** Israel passed through the storm-tossed deep of the sea that God had turned into dry land; But the dark waters completely covered the chief captains of Egypt in a watery grave, through the mighty strength of the right hand of the Master.

**Ode 3:** From the ancient snares have we all been set loose, and the jaws of the devouring lions have been broken: Let us, then, rejoice exceedingly and open wide our mouths, weaving with words a melody to the Word Whose delight it is to bestow gifts upon us.

**Ode 4:** Cleansed by the fire of a mystic vision, the Prophet sang the praises of the renewal of mortal man. Filled with the inspiration of the Spirit, he raised his voice, telling of the Incarnation of the ineffable Word, Who has shattered the dominion of the strong.

**Ode 5:** By the cleansing of the Spirit have we been washed from the poison of the dark and unclean enemy. And we have set out on a new path free from error that leads to gladness of heart past all attainment, which only they attain whom God has reconciled to Himself.

**Ode 6:** The Father in a voice full of joy made manifest His Beloved Whom He had begotten from the womb. ‘Truly,’ said He, ‘this is My offspring of the same nature as Myself. Bearing light, He has come forth from mankind, My living Word, in divine providence made a mortal man.’

**Ode 7:** He Who stilled the heat of the flame of the furnace that mounted high in the air and encircled the godly Children, burnt the heads of the dragons in the stream of the Jordan. And with the dew of the Spirit, He washes away all the stubborn obscurity of sin.

*We praise, bless and worship the Lord, singing and exalting Him above all forever.*

**Ode 8:** The creation finds itself set free, and those in darkness are now made sons of light. Alone the prince of darkness groans. Let all the inheritance of the nations, that was before in misery, now bless with eagerness Him Who has wrought this change.

DEACON: *The Theotokos and Mother of the Light, let us honor and magnify in song.*

**Matins Canon – 9<sup>th</sup> Ode:**

DEACON: *The Theotokos and Mother of the Light, let us honor and magnify in song.*

***Magnification***

*“My soul magnifies the Lord and my spirit rejoices in God my Savior.*

**Refrain:** More hon’rable than the cherubim and more glorious beyond compare than the seraphim, who without corruption gave birth to God the Word and are truly Theotokos, we magnify you.

*For He has regarded the lowliness of His handmaiden, for behold from this time forth all generations shall call me blessed. For He Who is mighty has magnified me, and holy is His name, and His mercy is on those who fear Him throughout all generations.*

*He has shown strength with His arm. He has scattered the proud in the imagination of their hearts. He has put down the mighty from their seat, and has exalted the humble and meek.*

*He has filled the empty with good things and the rich He has sent away empty. Remembering His mercy He has helped His servant Israel as He promised to our forefathers, Abraham and his seed forever.”*

*If needed, the cantor sings the 9<sup>th</sup> Ode Resurrection verses for the Tone of the Week while the deacon completes censing altar, then concludes with the 9<sup>th</sup> Ode Katavasia of the Feast or Season.*

**9<sup>th</sup> Ode Katavasia – 2<sup>nd</sup> Canon**

(Znamenny, Tn 2)

To - day the Mas-ter bows His head be -neath the hand of the Fore - run-ner.

*Irmos*

O most pure Bride, O bless-ed Moth - er, the won - ders

of your birth - giving pass all un - der - stand - ing.

Through you we have ob - tained sal - va - tion in all things, as is

right we rejoice before you our ben-e - fac - tor, bear-ing as a gift

a song of thanks-giv - ing.

***“Holy is the Lord our God”******Exapostilarion – Eothinon 9 + Theodosios + Postfeast Epiphany***

*When the doors were shut, O Master, You stood in the midst of Your disciples and breathed Your peace on them. You filled them with Your All-Holy Spirit and You told them also to bind and loose sins. After eight days You showed Your hands and side to Thomas. With him we cry to You, “My Lord and my God.”*

*Having purified your mind and soul from the disturbance of the passions, O venerable Father Theodosios, you received the divine splendors of the Divinity, surpassing all light in its triple clarity. O blessed joy of all holy monks! O God-bearing father, never cease to intercede for us.*

*Great are You, O Lord, and marvelous are Your works! O all-powerful Savior, God before all ages, You descended into the Virgin’s womb and without change You became man. Then in the waters of the Jordan, You washed and purified human nature of the filth and sin which once stained our souls.*

***The Praises: Tone 2 - Psalms 148, 150 (Kievan)***

Let ev'-ry breath praise the Lord. Praise the Lord from the heavens!  
 Praise Him in the high - est! To You, O God is due a song.  
 Praise Him, all His an - gels! Praise Him, all His hosts!  
 To You, O God is due a song.

*Cantor*

Praise God in His sanc - tu - a - ry; praise Him in His might - y, firm - a - ment.

*People*

Praise Him for His might - y acts; praise Him accord - ing to His ex - cel - lent great - ness!

*Cantor*

Praise Him with the sound of the trum-pet; praise Him with the lute and harp!

*People*

Praise Him with the tim - brel and dance; praise Him with stringed in - stru - ments and flutes!

*(Tone 6) – Resurrection*

*Your Cross is life and resurrection for Your people, O Lord; trusting in it we sing to You our risen God: O Lord, have mercy on us.*

Praise Him with loud cym - bals; praise Him with clash-ing cym - bals!  
 Let ev'-ry thing that has breath praise the Lord.

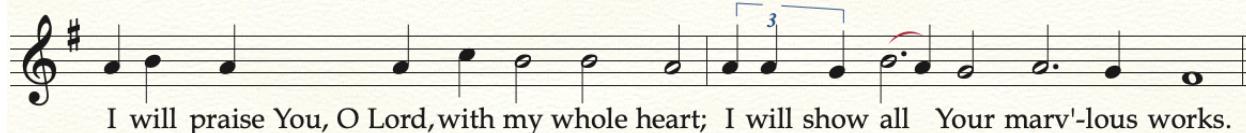
*Your burial opens Paradise to mankind, O Master, and we who are freed from corruption, sing to You our risen God: O Lord, have mercy on us.*

A -rise, O my God, lift up Your hand and for - get not the hum - ble.

(Tone 1) – Epiphany

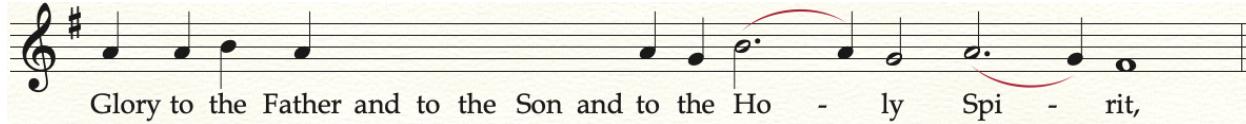
*The sea looked and fled, Jordan was driven back.*

*O our Savior, You were baptized in the Jordan and have sanctified the waters: accepting a servant's hand upon Your head, You heal the passions of the world. Great is the mystery of Your dispensation: O Lord Who love mankind, glory to You.*



*What ails you, O sea, that you flee? And Jordan that you turn back?*

*The true Light has appeared and bestows enlightenment on all. Christ Who is above all purity is baptized with us; He brings sanctification to the water and it becomes a cleansing for our souls. That which is outward and visible is earthly, that which is inwardly understood is higher than heaven. Salvation comes through washing, and through water, the Spirit: by descending into the water we ascend to God. Wonderful are Your works, O Lord: glory to You.*



(Tone 5) - Eothinon 9

*In the last days, at the end of the Sabbath, You stood before Your friends, O Christ, and confirmed the miracle of Your Resurrection from the dead by a miracle by entering when the doors were shut. You have filled Your disciples with joy, giving them the Holy Spirit and the power to remit sins; You have not left Thomas to the shipwreck of unbelief. Wherefore, grant us also knowledge of the truth and forgiveness of sins, O compassionate Lord, glory to You.*



Most blessed are you, O Virgin Theotokos, for through Him Who was incarnate of you Hades is plundered, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are given life. Therefore, in hymns of praise, we cry aloud: "Blessed are You, O Christ our God, Who are thus well pleased. Glory to You."

***Great Doxology***

Glory to You, Who have shown us the light. Glory to God in the highest, and on earth peace, good will among men.

**We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.**

O Lord King, heavenly God, Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.

**O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us, You Who take away the sins of the world**

Receive our prayer, You Who sit at the right hand of the Father, and have mercy on us.

**For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.**

Every day I will bless You, and I will praise Your name forever; yes, forever and ever.

**Grant, O Lord, to keep us this day without sin.**

Blessed are You, O Lord the God of our fathers, and praised and glorified is Your name forever. Amen.

**Let Your mercy, O Lord, be upon us, as we have set our hope on You.**

Blessed are You, O Lord; teach me Your statutes.

**Blessed are You, O Lord; teach me Your statutes.**

Blessed are You, O Lord; teach me Your statutes.

**Lord, You have been our refuge from generation to generation. I said: “Be merciful unto me; heal my soul, for I have sinned against You.”**

Lord, I have fled to You; teach me to do Your will, for You are my God.

**For with You is the fountain of life; in Your light we shall see light.**

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

**Holy God, Holy Mighty, Holy Immortal: have mercy on us.**

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

**Glory to the Father and to the Son and to the Holy Spirit;**  
now and ever, and unto ages of ages. Amen.

**Holy Immortal: have mercy on us.**

Holy God, **Holy Mighty, Holy Immortal: have mercy on us.**

***Troparion: Tone 8***

Having risen from the tomb and having burst the bonds of Hades, You loosed the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Yourself to Your Apostles, You sent them

forth to proclaim You; and through them You have granted Your peace unto the civilized world, O You Who alone are abundant in mercy.

## DIVINE LITURGY OF ST. JOHN CHYRSOSTOM

### *The Second Antiphon (Psalm 115)*

O Son of God, **baptized by John in the Jordan**, save us who sing to You: Alleluia.

### *The Third Antiphon - Psalm 118 (LXX 117)*

*Sing Troparion of Epiphany with verse by cantor (3x)*

*Verse: O give thanks to the Lord, for He is good! For His mercy endures forever.*

*Verse: Let Israel now say, "His mercy endures forever." Let the house of Aaron say, "His mercy endures forever."*

*Verse: Let those who fear the Lord now say, "His mercy endures forever."*

### *Epiphany Troparion: Tone 1 (Obikhod)*

When You were baptized in the Jordan, O Lord, the worship of the Trinity was made manifest, for the voice of the Father bore witness to You, calling You Beloved Son; and the Spirit in the form of a dove, confirmed the truthfulness of His Word. O Christ our God, Who have revealed Yourself and enlightened the world, glory to You.

### *The Entrance Hymn*

Come, let us worship and fall down before Christ. O Son of God, Who rose from the dead save us who sing to You. Alleluia, Alleluia, Alleluia.

***Resurrection Troparion: Tone 6 (Kievan-Byzantine)***

***Epiphany Troparion: Tone 1 (Obikhod)***

When You were baptized in the Jordan, O Lord, the worship of the Trinity was made manifest, for the voice of the Father bore witness to You, calling You Beloved Son; and the Spirit in the form of a dove, confirmed the truthfulness of His Word. O Christ our God, Who have revealed Yourself and enlightened the world, glory to You.

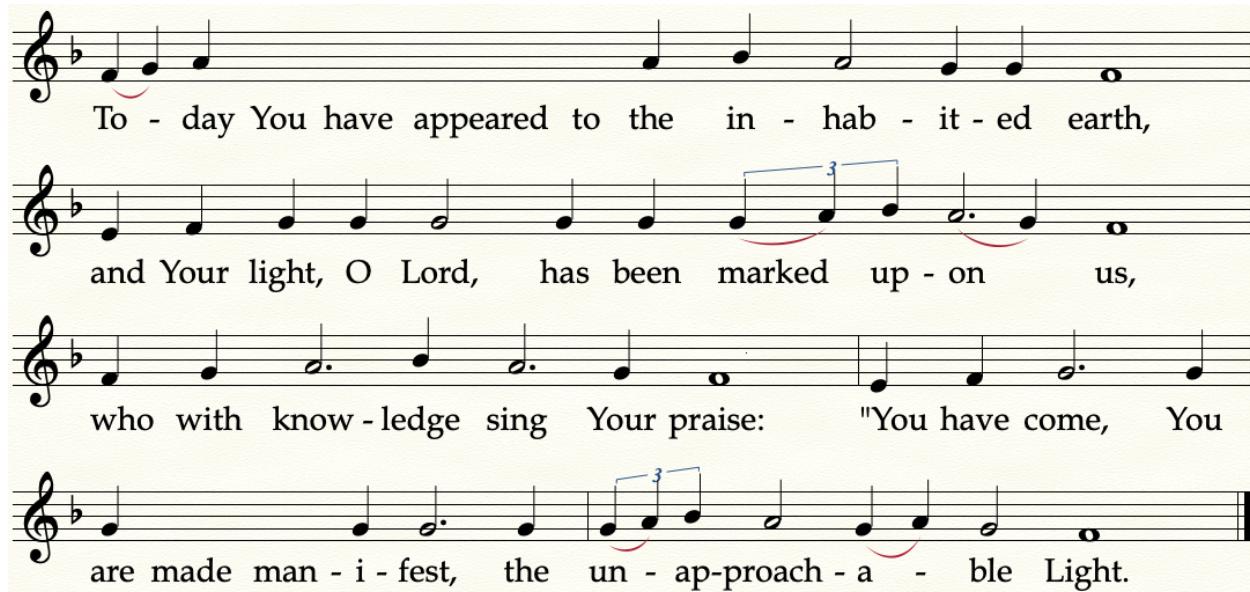
***Troparion of Theodosios: Tone 8 (Byzantine)***

Your abundant tears made the wilderness sprout and bloom, and your deep sighings made your labor bear fruit a hundredfold. You became a star shining over the world with miracles, O holy Father Theodosios, pray to Christ our God that He may save our souls.

***Hymn to St. John***

O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people, powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

**Epiphany Kontakion: Tone 4 (Carpatho-Russian)**



To - day You have appeared to the in - hab - it - ed earth,  
and Your light, O Lord, has been marked up - on us,  
who with know - ledge sing Your praise: "You have come, You  
are made man - i - fest, the un - ap-proach - a - ble Light.

**Prokeimenon: Tone 7 - Psalm 116 (LXX 115)**

Precious in the sight of the Lord is the death of His saints.

*Verse: What shall I render to the Lord, for all His benefits toward me? I will take up the cup of salvation, and call upon the name of the Lord.*

**The Epistle Reading – Hebrews 13:7-16**

Brethren, remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be carried away by all kinds of strange teachings. It is good for our hearts to be strengthened by grace, not by eating ceremonial foods, which is of no benefit to those who do so. We have an altar from which those who minister at the tabernacle have no right to eat. The high priest carries the blood of animals into the Most Holy Place as a sin offering, but the bodies are burned outside the camp. And so Jesus also suffered outside the city gate to make the people holy through his own blood. Let us, then, go to him outside the camp, bearing the disgrace he bore. For here we do not have an enduring city, but we are looking for the city that is to come. Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.

**The Alleluia before the Gospel: Tone 5 - Psalm 89 (LXX 88)**

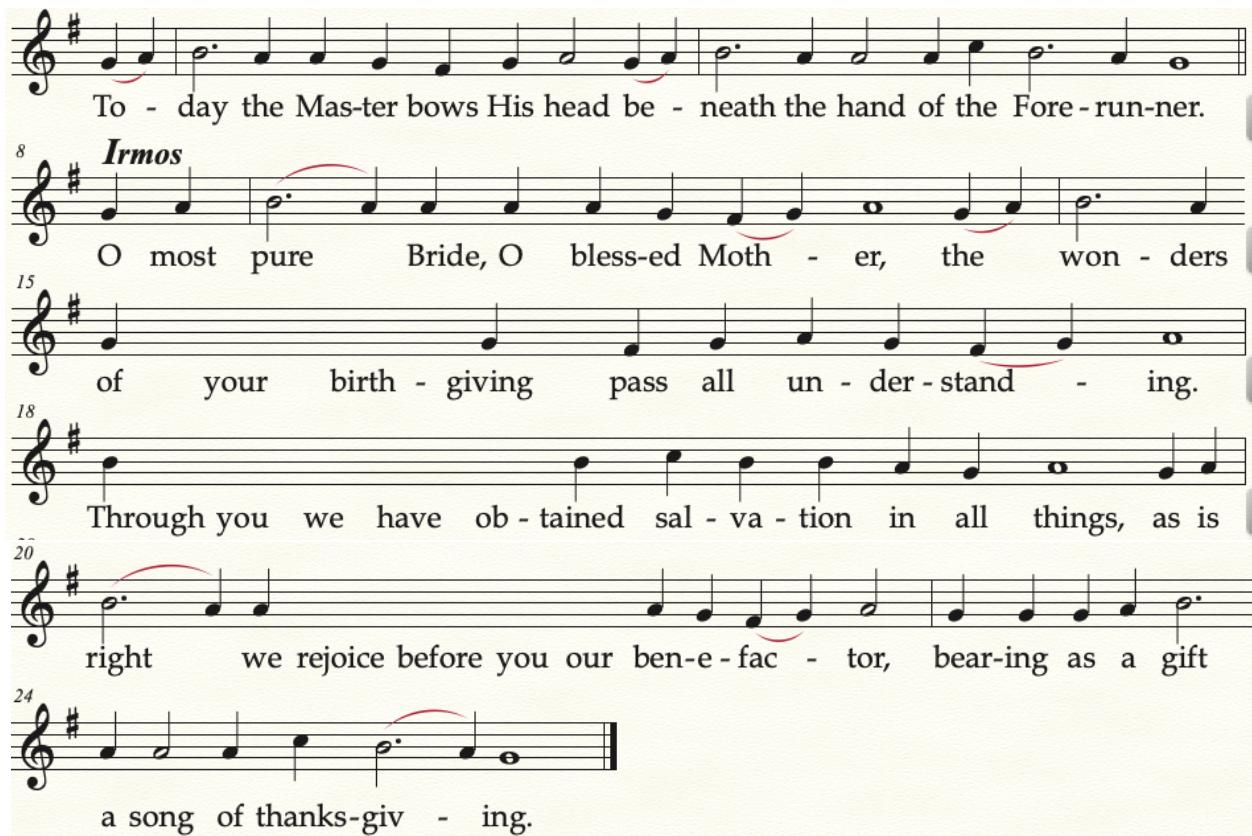
*Verse: I will sing of the mercies of the Lord forever; with my mouth will I make known Your faithfulness to all generations.*

*Verse: For I said, “Mercy shall be built up forever; Your faithfulness You shall establish in the very heavens.”*

***The Gospel Reading – Matthew 4:12-17***

Now when Jesus heard that John had been put in prison, He departed to Galilee. And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, that it might be fulfilled which was spoken by Isaiah the prophet, saying: “The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles: The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death Light has dawned.” From that time Jesus began to preach and to say, “Repent, for the kingdom of heaven is at hand.”

***Magnification Hymn Epiphany 2<sup>nd</sup> Canon: Tone 2 (Znamenny)***



To - day the Mas-ter bows His head be -neath the hand of the Fore - run-ner.

*Irmos*

O most pure Bride, O bless-ed Moth - er, the won - ders

of your birth - giving pass all un - der - stand - ing.

Through you we have ob - tained sal - va - tion in all things, as is

right we rejoice before you our ben-e - fac - tor, bear-ing as a gift

a song of thanks-giv - ing.

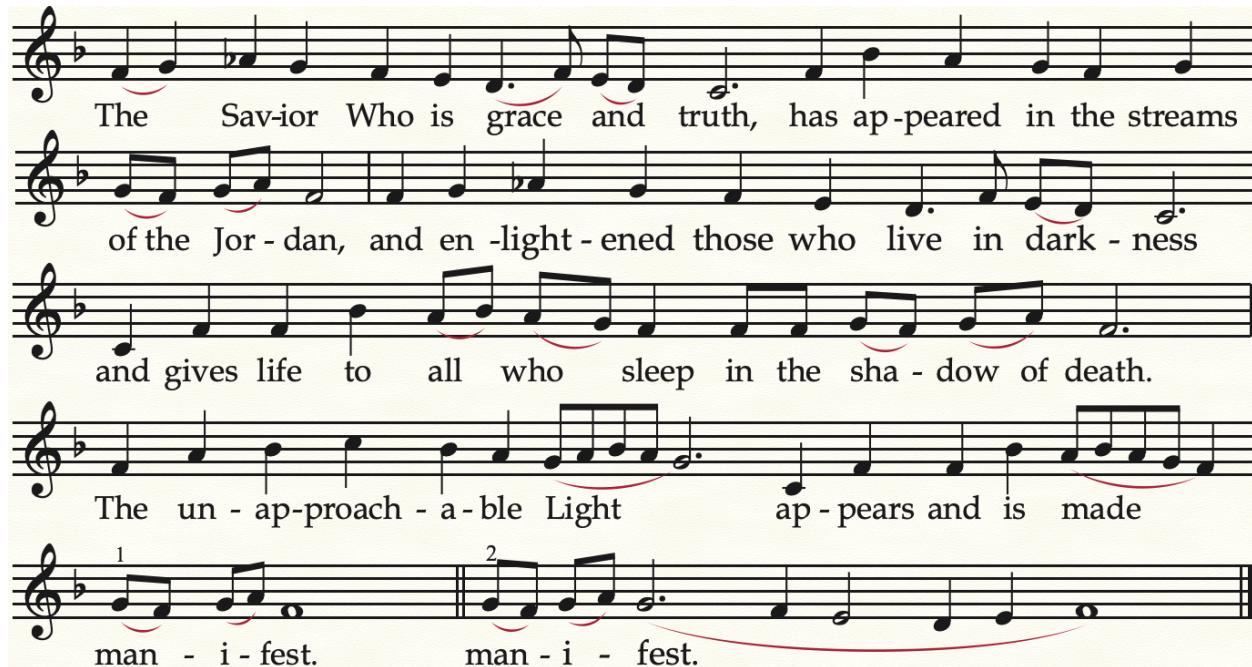
***The Communion Hymn - Psalm 148***

Praise the Lord. Praise the Lord from the heavens. Praise Him, O praise Him in the highest. Alleluia, Alleluia, Alleluia.

***Epiphany Communion Hymn – Titus 2:11***

The grace of God our Savior, has appeared unto all mankind. Alleluia (3x)

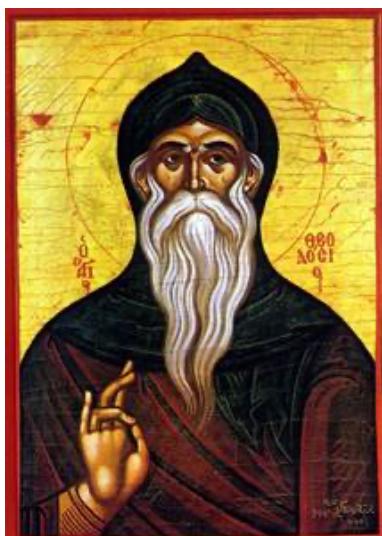
***Exapostilarion: Tone 3 (Byzantine)***



The Savior Who is grace and truth, has ap-peared in the streams  
of the Jor-dan, and en-light-ened those who live in dark-ness  
and gives life to all who sleep in the sha-dow of death.  
The un-ap-proach-a-ble Light ap-pears and is made  
man - i - fest. man - i - fest.

***The Dismissal***

PRIEST: May Christ our true God, *Who consented to be baptized by John in the Jordan for our salvation*...through the intercessions of His all-pure and all-blameless, holy Mother... at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John—whose Synaxis we now celebrate—at the supplication of (*N., patron of the church*), of the holy and righteous ancestors of God, Joachim and Anna, and of all the saints, have mercy on us and save us, for He is good and loves mankind.



***Troparion of Theodosios: Tone 8 (Byzantine)***

Your abundant tears made the wilderness sprout and bloom, and your deep sighings made your labor bear fruit a hundredfold. You became a star shining over the world with miracles, O holy Father Theodosios, pray to Christ our God that He may save our souls.

*Idiomelon Great Blessing of Water: Tone 6 (Kievan)*

Let us praise in song, O faith - ful, the greatness of God's fa-vor t'wards us.

Be - cause of our sin-ful-ness, He be-came a man, for our purification He is

purified in the Jor - dan. He the only pure and spot-less One Who sanc-ti-fies

us and the wa - ters, and crushes the heads of the serpents in the water.

Let us then draw of that wa - ter with joy, O breth - ren;

For to those who draw with faith the grace of the Spi - rit is in -

vis - i - bly be-stowed by Christ our God, the Sa - vior of our souls.

*Kontakion: Tone 4 (Carpatho-Russian)*

To - day You have appeared to the in - hab - it - ed earth,

and Your light, O Lord, has been marked up - on us,

who with know - ledge sing Your praise: "You have come, You

are made man - i - fest, the un - ap-proach - a - ble Light.

*Ikos*

Upon Galilee of the Gentiles, upon the land of Zebulon and the land of Naphthali, as the prophet said, a great light has shone, even Christ. To those who sat in darkness a bright dawn has appeared as lightening from Bethlehem. The Lord born from Mary, the Sun of Righteousness, sheds His rays upon the whole inhabited earth. Come then, naked children of Adam, and let us clothe ourselves in Him, that we may warm ourselves. You Who are a protection and veil to the naked, a light to those in darkness, You have come, You are made manifest, the unapproachable Light.

